

2021 Warrior Goddess Journey to Teotihuacán

Frequently Asked Questions

When should I arrive in Mexico for the journey?

In order for us to provide you transportation to/from The Dreaming House, you must arrive in Mexico City before 4:00 PM on Saturday, July 3rd and fly out of Mexico City Thursday, July 8th after 4:00 PM. Earlier departures can be arranged, but you will miss the closing ceremony.

If you choose to arrive outside of this date window you will be responsible for your own transportation to the Dreaming House; you can also meet the transportation at the airport on July 3rd.. All airport transportation arranged by The Dreaming House is provided by licensed, insured vehicles. Alberto carefully selects drivers to ensure that Dreaming House guests have safe, reliable transportation.

Can I attend if I have health/physical limitations?

Absolutely! We do our best to accommodate anyone who wants to attend our events so it's important to clearly communicate any needs that need to be addressed early in our conversations together. There



are different physical requirements for each event and it is especially important to fill out the intake form completely and also discuss any and all concerns you have with our logistics team prior to attendance. This will allow us to best discuss options and to make the necessary accommodations if we are able.

We have the ability to get a wheelchair to and from the pyramids and throughout the majority of the pyramid complex. However, we are not able to rent wheelchairs or medical equipment while in Mexico, so any special items you need, such as wheelchairs, walkers, canes, etc., would have to be brought with you.

If you have any concerns about your immune system, we recommend taking probiotics for a month before you arrive and also taking them during the duration of your stay in Mexico. Additionally, the altitude is high and sun fierce, so you may want to consider oxygen supplementation and electrolytes.

If you are not sure if we should know about any health issue, we would ask you to please discuss it with our logistics team. Some examples of past participant health issues have been: sleep apnea, insomnia, use of a wheelchair, walking canes, mobility issues, and sensory issues.

What does “women only” mean?

Warrior Goddess events are for woman-identified individuals. We use an inclusive definition of “woman” and “female” and we welcome transwomen, genderqueer womxn, and non-binary people who are woman-identified when attending our events. We mean all women and gender non-conforming persons who have experienced oppression due to femininity and/or woman-hood. Any self-identified woman or gender non-conforming/trans-feminine individuals are invited and accepted into our event space.

HeatherAsh creates a very inclusive, non-judgmental, safe space for everyone; these workshops are designed for all woman-identified

people, and our staff are trained in holding the fabulous diversity of expression and what it means to be a woman in all her forms.

How much money should I bring?

Based on USD the ratio is close to a 15:1 conversion. That is approximately 15 Pesos for 1 USD. Expenses that are not included in your trip would be things like: snacks, personal items, souvenirs, compulsory tips for staff (400MX), laundry at the dreaming house (approx. 200MX), tips for bathroom attendants at travel locations (small amounts of Pesos), Peso coins in 1, 2, 5, and 10 denominations for access to paid public bathrooms and purchase of toilet paper, money for additional outings, additional transportation, etc. If you are planning on purchasing many things, a suggested amount would be approximately \$400 USD.

What are the bathrooms like?

The sewer system in Mexico is not as capable of handling paper as in other places. Toilet paper is not usually available in the bathrooms and it is a good idea to carry some hygienic wipes or toilet paper with you at all times. The toilet paper and any feminine hygiene products should be put into the trash can and not flushed into the toilet. Most public toilets do NOT have a toilet seat, they only have the toilet bowl. Additionally, many do not have soap or towels. So having hand sanitizer or wipes for washing your hands is recommended.

Is the water safe?

While staying at The Dreaming House, the water is filtered and safe to drink. Water should only be purchased in sealed bottles from reputable stores.

What about ice?

Ice is not typical in Mexico as it is in some other countries. To get ice you will have to ask for it and ice is an additional cost. When drinking at

places other than The Dreaming House, it wise to ask if the ice comes from bottled water. If in doubt, do not use ice.

Do I have to speak Spanish?

No, you do not have to speak Spanish, but having a small knowledge of common phrases is helpful. Carrying a small translations book can also be helpful. (Note on translations. There are two main types of Spanish, the type spoken in Spain and the type spoken in Mexico. When purchasing a translation book, make sure it is for Mexican Spanish.)

What should I expect when traveling to Mexico?

Mexico is a diverse and varying culture depending on the location. Some visitors may find Mexico more active and noisy than their homes of origin. The people are friendly, cheerful and there are often loud celebrations going on. We recommend that travelers pack both earplugs and eye masks to help with sleeping at night.

What if I want to extend my stay?

We are happy to help you plan your extended stay in Mexico. If wish to stay at the Dreaming House for additional dates, then please let us know ASAP, so we can confirm that room is available. When you come in either earlier or leave later, you will be responsible for your own transportation, however our logistics team may be able to help you with scheduling with enough notice. If you take transportation within Mexico City, we recommend the “pink taxis.” You can purchase a taxi ride from the taxi booth and you will be assigned a taxi. The cost is around \$70 USD from the airport to the Dreaming House.